One-on-One Meeting Form Team Member Name: _____

15 Minutes For Them (If anything goes long, let it be this)	Notes:
How has your week been? / How was last week? (depends on the day the meeting is held) How is your family? How was your weekend? Are there any impediments in your way with any projects? What questions do you have? Where are you confident? Where are you unsure? What have you learned in the past week? You should know: their spouse's name, children's names, favorite hobbies, pets, kid's hobbies, basic life history, and much more. Record in the notes and keep a one page file)	
10 Minutes for You (your notes should already be here before the meeting)	Notes:
What do last week's notes say I should follow up on? What positive feedback can I give? What adjusting feedback can I give? Is there anything I need to delegate or assign? What company news do I need to discuss? What team news do I need to pass on? What projects do I need to check-in on?	
5 Minutes for Coaching/Review (this is all about the future)	Notes:
How can I help you? Where do you feel you need to improve the most? What are your future goals? At work. In general. What do I need to follow-up with you on next week?	

Follow Up Items: