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If You Want to be Somebody Else, Change Your Mind

Everything starts in your mind. Every action starts with a thought. Every invention starts with an idea. Every outcome starts with a vision. Everything starts in your mind.

Have you ever wanted to be somebody else?

Not literally another person, but someone better?

A better leader. A better father. A more focused person. Someone who is making a bigger impact and leaving a legacy.

Have you ever wanted to be somebody else? Then take these words from the band Sister Hazel to heart.

In 2000, that song was in my head all summer. That summer also happened to be the summer that I won nearly every golf tournament that I entered.

I didn't full grasp it at the time, but the lyrics to the song reminded me that I had the power to control my thoughts. When negative thoughts crept in on the golf course, I had to change them. If I wanted to be a more positive person on the course, I had to choose to change my mind.

Who do you want to be? If you aren't that person today, *change your mind*.

How to make more money - the first step

If you want to make more money, *change your mind*. Quit playing the victim. Quit telling yourself the lies:

- The little man never gets ahead
- It takes money to make money
- "This is all they pay"
- Only greedy people get ahead
- Self-made millionaires are the exception, not the rule.

The little man does get ahead. Many successful businesses were started with less than \$1,000. What you are making is not all "they" pay and if it is, find another "they" or start your own business. Greedy people rarely get ahead. And 85% of millionaires are self-made. You can be, too.

How to be nicer, more assertive, more _____

If you want to a nicer person or a more assertive leader or more passionate in your work, *change your mind*. Believe that you can be. Stop believing the lies that say:

- My father was violent, so I will be too.
- My mother was always so quiet. I just take after her.
- My whole family is just negative. I guess it just rubs off on me.
- I can take the abuse. It doesn't bother me all that much.

You can break the cycle your father started or continued. You don't have to follow in your mother's footsteps. You can choose to ignore the negativity of your family. You don't have to take the abuse.

Believe that you can be a cycle-breaker. Decide to be whatever it is you want to be. Decide what emotions you are going to display. Decide what character traits you will develop.

Then tell yourself every day, every hour, every minute that you are those things.

- I am nice.
- I am assertive.
- I am positive.
- I am passionate about my work.
- I am not a punching bag.
- I am attracting others by my personality.

How to start a business

If you want to start your own business, *change your mind*. Here's how to start a business:

1. Decide to start a business.
2. Everything else follows.

Stop telling yourself every reason why you cannot do it. Just do it.

Do stupid stuff. Take some risks. Break some things. Screw up a lot. Eat some crow. Waste some money. Fail. Fail. Fail. Learn along the way.

If you want to be somebody else, *change your mind*.

This is only the beginning of the conversation. *Share in the comments below how you are going to change your mind today. What negative thoughts do you need to replace?*