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The (Almost) Guaranteed Way to Divorce-Proof Your Marriage

Can you imagine if we reduced the divorce rate in America by 99.999%?

We've all heard that approximately 50% of marriages in the U.S. end in the divorce. But what if it was only 0.001%?

If you're married and want to stay married, you need to read this.

If you're not married and want to have a successful marriage, don't gloss over this. You need to know this for when you do get married. It will improve your chances of staying happily married by a factor of 500,000 (seriously).

So I'll cut straight to the chase.

50% of all marriages fail. But there is something you can do to reduce that chance to 0.001%:

Pray together.

No really, that's it. No classes. No books. You don't have to buy anything or set aside hours a day to talk. Just pray together.

I'm not suggesting it *might* work. Or that it's *supposed* to work. The numbers don't lie. It *does* work. Even Dr. Phil says so.

OK...I've never watched an episode of Dr. Phil and can't vouch for the quality of his advice. But he is famous and quoting famous people increases the legitimacy of facts by at least 19% (unless said famous person has ever posted a picture on Twitter of him or herself getting a tattoo).

Dr. Phil writes in his bestselling book, [*Relationship Rescue*](#):

... an interesting statistic shared by David McLaughlin in his wonderful series entitled *The Role of the Man in the Family* reflects that the divorce rate in America is at a minimum one out of two marriages. But the reported divorce rate among couples that pray together is about one in ten thousand. Pretty impressive statistic, even if you reduce it a thousandfold.

It's a fact. Praying together works. It is an (almost) guaranteed way to divorce-proof your marriage.

So do it. Every day.

How to pray together as a couple

1. **Keep it simple.** Simple sometimes means short. You don't need to pray for two hours. Or even ten minutes. Get out what's on your heart, and be done.
2. **Don't try to impress.** You're talking to God. Trust me, He's not impressed (yes, He's crazy about you, but it's kind of hard to impress the One who breathed life into the Aardvark). Remember that you are speaking to Him, not your spouse.
3. **Be honest.** Don't hold back. Admit your faults and ask for help. Trust me; nothing is more intimate than that.
4. **Do it consistently.** Every day. If it's late at night, pray. If you are traveling, pray. It might only be for ninety seconds, but pray. Together.
5. **Have reasonable expectations.** One week of prayer together probably isn't going to have the transformative effect you want. It might, but probably won't. Give it time and keep doing it.
6. **Don't forget the other 23+ hours in the day.** 1 Peter 3:7 says, "Husbands, don't treat your wives like garbage. They are more fragile than you are, but they are also God's children just like you. If you don't treat them right, God will not hear your prayers." (*Matt McWilliams Translation*). Ask God for help to be more loving, honest, servant-hearted, etc. Then put it into practice.

There you have it...an easy way to virtually eliminate divorce in America.

You are now equipped with this powerful information. *How will you use it?*

Married people, I want to hear from you especially. How has prayer together helped your marriage?