

# MATTMCWILLIAMS

Live with Passion. Lead with Purpose. Leave a Legacy.

## How to Finally Have a Breakthrough

Is there a breakthrough you've been waiting for? Think for a moment right now...what is that something that you think will change your life, set you on a new course, and lead you towards the life you've been dreaming of? You may think your breakthrough is so far off, but the truth is that your breakthrough is a whole lot closer than you think.

### **What is a Breakthrough?**

Tony Robbins says that:

A breakthrough is a moment in time when the impossible becomes possible — when you don't just talk about something, but you finally take massive action and do whatever it takes to make it happen. You make a move to truly change and improve your world. - *MONEY Master the Game*, Tony Robbins

Did you catch that?

Breakthrough isn't the result. It isn't the victory. It isn't the final act in the play. Breakthrough is a decision.

### **How to Get Past Fear and Doubt**

I recently hosted a webinar with best-selling author Jeff Goins. One of the attendees asked, "How do I get past fear and doubt in my writing."

His answer: "You write."

You write scared.

You write when the voices tell you that you can't.

You write when you are uninspired.

You write when it's hard.

The same is true for anything.

How do you overcome fear? You act in spite of it.

How do you get past doubt? By taking action.

How do you achieve breakthrough? By starting.

## **Redefining Breakthrough**

It's time we redefine what a breakthrough really is.

It's, as Robbins says, "the moment in time when the impossible becomes possible," when you "finally take massive action."

It's not a destination. It's the decision you make right now.

Breakthrough is not the *New York Times* Bestseller list.

Breakthrough is not the promotion you've been longing for.

Breakthrough is not an award.

Breakthrough is not making your first million dollars.

Breakthrough is not getting married.

Breakthrough is writing when you are scared and don't feel motivated to. It's finishing your first book.

Breakthrough is when you decide to give your best at work every day even when you feel like it's going nowhere.

Breakthrough is when you are scared to start something and you do it anyway.

Breakthrough is making your first dollar or even just putting something up for sale.

Breakthrough is asking that person out that you've avoided for the past year (not that I did that with Tara or anything).

## **The First Step to Breakthrough**

If you want a breakthrough, commit to doing something *today* — no RIGHT NOW — that moves you toward where you want to be in life.

Act in spite of fear. (This free book can help you.)

Move in spite of feeling paralyzed.

Decide in spite of uncertainty.

TODAY is the day to take action.

TODAY is the day the impossible becomes possible.

TODAY is the day for breakthrough.

**What are you going to do RIGHT NOW to achieve breakthrough?**