

## The Freedom Journal by John Lee Dumas is Here!

One of my favorite things to do in January is take inventory of where I'm at in my life, both professionally and personally (family, health, etc.), and reflection is a great way to get started with this.

First, I take a look back at what I've done over the past year that DID work, and then I also recognize those things that DIDN'T work.

Next, I turn to goal setting to get pumped up (and prepped) for what I want to accomplish in the new year based on what I've learned.

But you know just as well as I do that sometimes we set goals, but then we fail to actually accomplish those goals.

We get busy, we end up frustrated by a lack of progress, or perhaps, we simply don't have any accountability in place to make sure we're actually doing the things that will help us get one step closer to accomplishing our goals.

There must be a better way...

Luckily, there is.

## Introducing the Freedom Journal by John Lee Dumas

That better way is called "The Freedom Journal" and it's a premium, faux leather-bound journal that will help you set and accomplish YOUR #1 goal in 100 days.

Check out The Freedom Journal here.

The creator of The Freedom Journal is none other than John Lee Dumas, whose business went from \$0 to \$3.5 million / year in under two years.

He admits his wild growth is the result of careful goal setting...and diligent adherence to moving one step closer to the goals he sets each and every day.

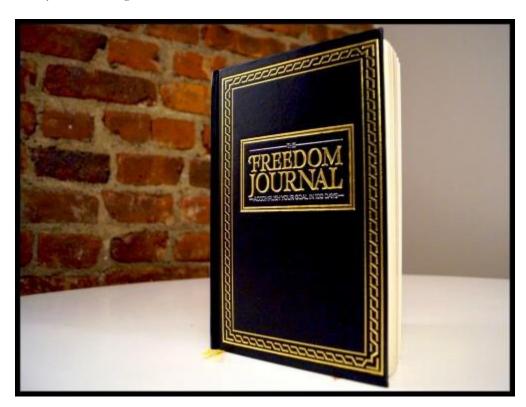
## How?

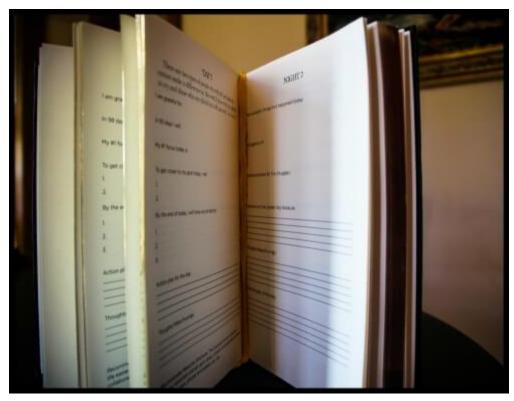
- 1. By creating goals the RIGHT way (using the S.M.A.R.T. Goals system)
- 2. By being held accountable DAILY through affirmations, quotes, resources, and more
- 3. By breaking his BIG goals up into smaller, bite-sized chunks (sprints)
- 4. By conducting quarterly reviews (every 25 days)

## 5. By maintaining a GOAL oriented mindset

And now John has finally packaged his system into a premium, faux leather-bound, journal you can carry with you wherever you go.

And yes, this thing is beautiful:







So if you want to set and accomplish your #1 goal in 100 days, then grab your copy of "The Freedom Journal" here:

The Freedom Journal.com

You can think of it like your accountability partner!:)

John is launching this journal through Kickstarter, so not only can you grab your own copy, you can also get a bunch of other bonuses, too!

So if you're ready to set and accomplish your #1 goal in 100 days, grab your copy here:

Yes, I want my copy of The Freedom Journal

But hurry – the bonuses are going fast!